

HEL's Camping Checklist

POCKET / BUM BAG

- Your accreditation (likely a QR code emailed to you – let me know if you don't have this)
- Your ID (needed for collecting accreditation)
- Cash (take some cash, card machines often go down and there's long queues at the cash machines)
- Portable charger (around 30,000 mAh worth of chargers for your phone should suffice) and charging cables, I'd suggest [one of these](#).

CLOTHES

- T-shirts, shorts, trousers, hoodies etc for after work
- Underwear, socks, etc
- 2x shoes - Comfortable waterproof shoes (you'll be on your feet all day) & trainers

I would suggest packing as if you're there for an extra day, in case you need to get changed because of wet clothes

WEATHER CONTINGENCY

- Waterproof shoes (I'd avoid wellies, waterproof walking boots are ideal – make sure they're not brand new though and you've tried them on and worn them in)
- Waterproof coat and pocket poncho
- Sun hat (fishing hats are better than bucket hats), sunglasses and hand fan
- Enough clothes in case yours get wet
- Warm clothes for evening (joggers, hoodies, etc)

TOILETRIES

- Sun cream (at least factor 30, ideally factor 50. Get good quality stuff, it's worth it)
- Insect Repellent
- Hand sanitiser
- Body wash/soap & shampoo
- Travel towel (I'd suggest [one of these](#))
- Toothpaste & toothbrush
- Pocket tissues
- Toilet roll
- Deodorant, antiperspirant & body spray
- Lip balm
- Razor & shaving foam (if needed)
- Glasses/contact & solution (if needed)
- Sanitary products (if needed)
- Antihistamine (tablets, nose sprays, eye drops, creams) (if needed)
- Plasters/small medical kit
- Sudocrem or similar
- Paracetamol/ibuprofen
- Any prescription medication you'll require

I also always take multivitamins, rehydration tablets, Imodium, and pro-plus (caffeine tablets) with me to festivals.

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CAMPING

- Tent (ideally double layer) – you want 2x the man rating of the tent for how many people are sleeping in it (a [2 man tent](#) is enough room for 1 person, [4 man tent](#) for 2 people, 6 man tent for 3 people, etc)
- Mallet (only 1 person in the group needs to bring one)
- Sleeping bag
- Pillow
- Roll mat or airbed (don't forget the pump, I'd suggest a small [rechargeable one](#))
- Bum bag (unbranded so you can wear it on shift)
- Eye mask
- Earplugs
- Flip Flops/Sliders (you'll need these for the showers)

OPTIONAL EXTRAS

- Camping chair
- Torch (you can use your phone's torch but it will drain the battery) & headlamp
- Gaffer/Duct tape
- Bin bags
- Umbrella
- Wet wipes
- Reusable water bottle

You can use the space to add your own list items:

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